

THE CALL TO CLIMB

KEYWORDS: REBIRTH, NEW BEGINNINGS, LEAVE YOUR COMFORT ZONE,
FEAR OF THE UNKNOWN, FEAR OF FAILURE

RUNES: BERKANO, INGWAZ, RAIDHO

CURRENT ELEMENTS: EARTH, AIR, WATER

SUGGESTED ELEMENTS: FIRE

LYFJABERG

The life you know has become claustrophobic. What was once a cozy home you truly loved, is now feeling more and more like a prison cell. Every time you stare out of your bedroom window, the majestic cloud-topped mountain beckons you to climb it. The mountain's lush forest sways in the breeze, the tree limbs inviting you to venture inside.

Set aside your comfort and pack your bags! Gather all of your strength, courage, and sense of adventure—it's time to take those first two steps out of your front door. What a spectacular journey awaits you, Mystical Mountaineer!

One day, you may return home to the same people, rooms, and things you have grown accustomed to, or maybe this journey will lead you to a land you could have only imagined in your wildest dreams while staring out of that window. But one thing is for sure: You will grow into a different version of yourself. One who is stronger, wiser, and more confident in your ability to move through life.

Do not let a fear of the unknown limit your experience in life. The world is your oyster, you expansive soul! Life—although during certain periods may feel like an eternity—is actually quite short, and none of us know when our last breath will be drawn. The regret of never going out into the world to see what you're made

of will far outweigh any perceived “failures” you might encounter as a result of taking a leap of faith. Trust that you will be guided to exactly where you need to go, and that you are never alone on your journey. Life is calling to you for a reason, and you can either leave the house willingly, or the mountain will send a landslide down onto your house to force you out. Choose the less damaging option by preparing yourself, and proactively taking that leap.

EARTHLY

It's time for a new beginning, Mystical Mountaineer! Whether it be a new job, home, car, hobby—or even a new love—there's something in your life that is ready to shift into something new and different. Get excited! The Sherpas want to remind you: there is an adjustment period with all things new—and sometimes that means new obstacles to overcome. That's part of the gift. This new thing isn't just for the sake of changing up your life; it's to challenge you and ultimately, to help you grow. You're being asked to meet whatever is coming in with arms wide open... even if it looks slightly different than you were expecting at first.

If this card comes out with the Orb Weaver card, the Sherpas have a message: Fear is holding you back. Take that leap. You will not regret it, and it will allow you to expand. The box you're stuck in is far too small for an expansive human like you and will soon become oppressive if it hasn't already. Face your fears. You're a Mystical Mountaineer, after all. This is what you're built for.

If pulled with the Axe card, there's a loving kick in the pants coming: complacency is holding you back. Stop keeping yourself small; you're being called to something, somewhere, or someone new. You're going to miss out on what you truly need if you don't get up off the couch and put yourself out there.

When pulled with Wild Blueberries, this card has an auspicious omen: There's an opportunity for success and new abundance in your career coming. Be open. Even the most random opportunities have a chance to grow into something fruitful. Maybe that old lady you help cross the street has a grandchild who works at your dream job and they help to get your foot in the door because you were so kind to their grandmother. If you've been asking the Universe for growth in your career, this is confirming that opportunity is imminent.

If Rucksack accompanies this card, someone from your past is going to come back around. This is either a new opportunity for healing, or it's a new opportunity to set and maintain your boundaries. Approach this reunion thoughtfully.

SPIRITUAL

You're in the spiritual process of rebirth. Death and destruction is in the rearview—embrace hope. Your new existence awaits. This is a particularly potent message when pulled with the Rainbow card. This is confirmation, you weary warrior: the storm has passed, and it's smooth sailing ahead.

You've made it through the death part of the cycle and now stepping out of "Ginnungagap." In Norse mythology, Ginnungagap is the primordial void where all creation occurs. It is where only possibilities live. This is a very exciting place once the process of creation starts to manifest—it's where true innovation and surprise live. Allow yourself to get swept up in this wave of creative energy and see where it goes.

Before our eyes can see the new manifestation reflected in our human world, sometimes it can feel more like confusion, meaninglessness, loss, and discomfort than a thrilling experience in the making. That's because our ego craves the safety of what it knows. The void is the ultimate space of unknowing, and the ego reads it as a dangerous threat.

If you're in this space currently, here's the key to shifting your perspective so that the time in Ginnungagap isn't so unnerving: get your nervous system regulated, and allow yourself to daydream about all of the billions of possible good outcomes for what comes next. Run some of the bad ones too—will you end up wishing you could return to this very moment? If it ends up being an annoying period of life, very likely, yes... So why are you squandering the present moment, when you may wish you had capitalized on it in the future? And if something good is on the way, then what exactly are you worried about? Enjoy your life, because there's change ahead—no matter how hard your ego thrashes. You're being asked to realize that there is absolutely no way to know what comes next. Just know what's coming is meant for you, and has a purpose—it always has and always will.

If this card is accompanied by the Snowstorm card, you're being given guidance to stop being a hermit and put yourself back out into the world around you. You

were not meant to be hidden forever, and all of the things you learned in that last cycle will help you to navigate the world with more ease.

HEALING

You're blocking yourself from a new beginning. Look at what fears you have around change, fear of failure, and past disappointments repeating themselves. If you've experienced a defeat recently, this card comes as a reminder that everyone fails. Most scientists have dozens of failures before they have a success... So why do you expect to succeed on your first try?

You're being asked to examine why that is. Where is that fear of failure coming from? When in your life did you make a mistake and pay a dear price for it? What's different in your life now? Are you better equipped or more knowledgeable than you were then? Were you constantly told how smart and capable you were, and now you fear failing because you're scared to disappoint others, or in your eyes, disprove the positivity you heard from them?

Failure is a part of everyone's journey. Everyone trips and falls sometimes. Sometimes those falls are really damaging, and they take a while to recover from. Sometimes you open your heart only to be betrayed by the person you trusted. Does that mean you should shrink in fear of trying again? This card comes with a message from your cosmic Sherpas: Hell no you won't shrink in fear! You've already gotten the worst part out of the way. Try again, knowing that you learned the lesson from the last failure and emerged a wiser soul who will now apply that wisdom to this circumstance.

Don't fear failure—change your perspective to see failures as learning opportunities... and then go out into the world and learn to your heart's content.